

April 2021

Dear Parents and Carers

PSHE including Relationships, Health and Sex Education

As we enter the Summer Term, we would like to remind you of the elements of PSHE (Personal, Social, Health Education) that we cover in Terms 5 and 6.

As you are probably aware from previous communications and from information on our website, we use the widely-used and highly acclaimed 'Jigsaw PSHE' as our main resource for covering all aspects of PSHE from Reception right through to Year 6. 'Jigsaw' provides a comprehensive programme, with the same themes/units (known as 'Puzzles') being covered in an age appropriate way through the year:

Term 1: Being Me in My World

Term 2: Celebrating Difference

Term 3: Dreams and Goals

Term 4: Healthy Me

Term 5: Relationships

Term 6: Changing Me

Further information about the Jigsaw scheme and what is covered in each year group is available to view on our school website: *Select either Infant or Junior School: Learning: Curriculum: PSHE*

More detailed information about the Content of the Scheme can be accessed via the Parent Portal on our website: Go to 'Yatton Schools' then 'For Parents': 'Parent Portal'. You will need to put in parent@yattonschools.co.uk and the password **Yatton** to access the Portal. Paper copies available on request.

As you can see, we cover 'Relationships' and 'Changing Me' in the Summer Term. From September 2020, the Department for Education made Relationships Education (and also Health Education) compulsory for all primary school children. These 'Jigsaw' units are the ones that cover most of the elements of Relationships Education and 'Jigsaw' has been updated so as to fully meet the new statutory Relationships Education requirements.

'Sex Education'

Although still not compulsory for primary school children, the new DfE Guidance recommends that all primary schools 'have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. The guidance states that Sex Education 'should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born'.

Our policy explains that at Yatton Schools, we believe children should understand the facts about human reproduction before they leave primary school. We define Sex Education as **understanding human reproduction**. We teach this through using the relevant sessions within the **Jigsaw PSHE 'Changing Me'** puzzle unit (**Term 6**). Using this definition, the lessons that cover 'Sex Education' are taught in **Year 4, Year 5 and Year 6**. We consider these sessions to provide an age appropriate introduction to the theme of human reproduction. However, as these elements are not compulsory, parents do retain the right to request their child be excused from these specific 'Sex Education' lessons in **Y4, Y5 and Y6**, if they wish.

Please see our policy (PSHE including Relationships, Health and Sex Education Policy) on our website (*Select the Infant/Junior School: Learning: Curriculum: PSHE*) where you can also find further information about the content taught and Jigsaw guides for parents.

If you do choose to withdraw your child from the specific 'Sex Education' lessons, please contact us first and inform us in writing. Please do contact us if you want to discuss anything with us further or require more information.

Many thanks

Yours sincerely

Jon Heywood

Deputy Head Teacher