## **Kids Yoga Class**

To Guarantee a space at this club, please return forms to <a href="mailto:jacky@jbphotos.co.uk">jacky@jbphotos.co.uk</a>

ASAP - First-Come, First-Served (maximum of 20 students)

Thursday in Junior Hall 3:40 - 4:20 ages 7-12 years

6 Weeks for £30.00

Starts:

Thursday 18 April – 23 May 2024

**About Cosmic Kids** 

We're making yoga and mindfulness FUN for kids.

- 1. Kids Yoga Gets Children Moving (even when it's raining outside!)
- 2. Kids Yoga Promotes a Healthy Body, Without the Competition
- 3. Kids Yoga is Filled with Stories to Teach and Inspire
- 4. Schools Around the World are Benefiting from Kids Yoga
- 5. Kids Yoga is Fun!

Whilst there are so many benefits of kid's yoga, above all, it's fun! All children (and grownups!) love stories, imagination, and adventures. Kids yoga combines all these things with the benefits of yoga, making it above all, lots of fun.

I wish for my child to take part in Cosmic Kids Yoga after school club.	
Child's NameClass	
Any medical issues?	
Emergency Contact No	
Email	······
For maximum safety, please confirm how your child will be getting home	(collecting,
after school club, or walking by themselves)	
I enclose a cheque/cash to the value of £30.00, made payable to JB Photo	s or My
Banking details are as follow:	

Account name: JB PHOTOS

Account type: BUSINESS A/C

Sort code: 30-99-51 Account number: 56777168